

Physical Education at Newsham Primary School



Early Years have a prime focus of Physical Development which links to the Physical Education you see further up the school. This essential learning takes place in many ways within the Early Years. As it suggests in the EYFS framework, creating games and providing opportunities for play both indoors and outdoors, adults can support children to develop their core strength, stability, balance, spatial awareness, co-ordination and agility. The children in reception, have access throughout the day to wonderful outdoor spaces, with lots of exciting equipment to explore and use. They also have access to a state of the art, bike track and adventure area, with mounds to climb and tunnels to explore.

The school have started to follow a scheme for work called PE Planning. This supplements the national curriculum outcomes across both Key Stages to offer a wide variety of PE lesson planning, supporting documents and assessment criteria. In Key Stage 1 we have ensured that during PE across the year, children have the opportunity to become increasingly competent and confident with their agility, balance and co-ordination. Having focus sports areas including; gymnastics, dance, ball skills and invasion games. We also buy into a School Sports Partnership which provide whole year group opportunities for our students to be involved in sports festivals. Year 1 take part in a OAA festival to explore the outdoors and build their teamwork and thinking skills. Year 2 take part in a Mult-skills festival to showcase their wide range of fundamental movement skills learnt throughout Key stage 1.

In Key Stage 2 we are continuing to develop children's skills in different ways, expanding on their knowledge and thinking about linking movements, sequencing and collaborating with others. We have continued to develop their knowledge in dance, gymnastics, athletics and a range of invasion, net/wall and striking and fielding games. Each term, a different year group works with a specialist PE teacher who we work with through the School Sports Partnership. This has been beneficial in Upper Key Stage 2 to prepare children for when they move onto secondary school. Like Key Stage 1, Key stage 2 also take part in whole year group festivals through the partnership. Giving children the opportunity to develop an understanding of how to be physically active in different ways. Year 3, take part in a skipping festival, Year 4 take part in a health and well-being festival, Year 5 take part in a fitness ad team building festival and Year 6 take part in an OAA festival. In Key Stage 2 we also give a wide range of opportunities for different children to be in competitions through the School Games offer. This targets different groups of children throughout the year to experience a range of sporting activities in different competitive situations.

Newsham is also very proud to create local links within the community. This includes links with a local primary school, a nearby football club and links with a nearby bowling club. The plan is to build these further and also look out for a wider range of opportunities.